

# LUNCH

This institution is an equal opportunity provider.

We appreciate your understanding if our menu changes due to significant availability issues in the nationwide supply chain.

# OCTOBER 2021

Elida Elementary

Students will be served **NO CHARGE** meals through the end of the school year.

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

No School  
Staff Professional  
Development Day **4**

Pepperoni Pizza 34 **5**  
Seasoned Corn 24  
Fresh Carrots 12  
Flavored Applesauce Cup 17  
Milk

Hotdog on a Bun 23 **6**  
French Fries 20  
Fresh Broccoli 5  
Frozen Slushie Cup 22  
Milk

Wild Mike's Cheesy Bites 28 **7**  
Marinara Sauce 3  
Green Beans 4  
Fresh Carrots 12  
Fresh Fruit  
Milk

French Toast Sticks 57 **1**  
Sausage Links 0  
Potato Bites 19  
Fresh Carrots 12  
100% Juice  
Milk

Chicken 16 **8**  
Cheesy Mashed Potatoes 22  
Fresh Veggies  
Diced Peaches 17  
Sweet Roll 31  
Milk

Mac & Cheese 27 **11**  
Steamed Broccoli 6  
Fresh Carrots 12  
Apple Churro 27  
Diced Pears 16  
Milk

Cheeseburger Sandwich 26 **12**  
Seasoned Corn 24  
Grape Tomatoes 3  
Fresh Fruit  
Milk

Chicken 5 **13**  
Mashed Potatoes 21  
Gravy 3  
Fresh Veggie  
Warm Biscuit 24  
Applesauce 22  
Milk

French Toast Sticks 57 **14**  
Sausage Links 0  
Potato Bites 19  
Fresh Carrots 12  
100% Juice  
Milk

Pepperoni Pizza 36 **15**  
Green Beans 4  
Fresh Veggies  
Pineapple 20  
Milk

Breaded Chicken Patty  
Sandwich 42 **18**  
Broccoli & Cheese 7  
Fresh Carrots 12  
Applesauce 22  
Milk

Cheese Pizza 35 **19**  
Seasoned Corn 24  
Celery Sticks 2  
Fresh Fruit  
Milk

Corn Dog 30 **20**  
Baked Beans 33  
Fresh Carrots 12  
Chocolate Chip Cookies 25  
Peach Cup 19  
Milk

Hot Pretzel 74 **21**  
Cheese Sauce 5  
Green Beans 4  
Cucumber Slices 1  
Diced Pears 16  
Milk

Mini Confetti Pancakes 36 **22**  
Sausage Links 0  
Emoji Fries 18  
Fresh Veggies  
100% Juice  
Milk

Chicken 16 **25**  
Mashed Potatoes 21  
Gravy 3  
Fresh Carrots 12  
Sweet Roll 31  
Raisins 30  
Milk

Mozzarella Cheese Sticks 33 **26**  
Marinara Sauce 3  
Green Beans 4  
Fresh Broccoli 5  
Fresh Fruit  
Milk

Rotini Pasta W/Meat Sauce 24 **27**  
Salad 2 W/Ranch Dip 2  
Fresh Veggies  
Garlic Toast 17  
Frozen Slushie Cup 22  
Milk

Nachos **28**  
W/Meat & Cheese 51  
Refried Beans 31  
Fresh Veggies  
Flavored Applesauce Cup 17  
Milk

French Toast Sticks 57 **29**  
Sausage Links 0  
Potato Bites 19  
Fresh Carrots 12  
100% Juice  
Milk

**Daily Choices:** Mon. Wed. & Fri.- alternate entrée option: Grilled Cheese Sandwich 31, other menu choices remain the same.

Tues & Thurs.- alternate entrée option: Ham & Cheese on a Hawaiian Bun 27, other menu choices remain the same.

**Carb Counts:** White milk 13 / Chocolate milk 19 / Strawberry milk 19 / BBQ sauce 5 / Ketchup 2 / Mayo 2 / Veggie dip 2 / Banana 27 / Oranges 21 / Whole apple 19 / Grapes 18 / Apple & Orange Juice 14 / Grape Juice 19

Free & Reduced meal applications are available all year at [www.payschoolscentral.com](http://www.payschoolscentral.com). Approved applications may receive additional benefits.